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| Name: mrs. jayamma | Reg No: 3-1smmhc-18 |
| Age / Sex: 47 yrs | Contact No:8553213959 |
| Marital Status: married | Date:9/1/18 |
| Occupation:vegetable shop owner | Dr. pjfp |
| Address:  Native mandya. Inb blore since 15 yrs. | DIAGNOSIS- |

1. Breathing pbm from 25 years < change in weather, dust. Change of place.

got this when she was pregnant with her daughter 2nd. she was 6th month carrying then. Blocked feeling in the chest and unable to breathe. <night. > bending forward resting her hands on a support and her head on it.

Takes bath in cold water only.

Starts with sneezing and then goes into wheeze.

Past h/o:

Headaches even now gets on n off. Keeps taking allo rx whenever gets headache.

Family h/o:

Grandson has these same symp 5 yrs.

Ns

Husband not good use to drink n play cards she attempted suicide with tablets unconscious fr 3 days she was carrying then. After tht she developed this pbm when dusting one night. Use to beat so much tht no strength to face the beatings. Doesn’t talk when there is pbm at home. Sweats a lot doesn’t talk at all use to feel like dying. Even now feels but alive to take care of her grand children n kids then. Does work a lot. Always on the move. Feels like beating when anger bcoz cant then gets headache. Wants to shout will shout n then quiet.. Doesn’t like contradiction like she is wrng. Doesn’t like if others do the work she only is perfect. No fan. Even in summer will switch on for some time n off. Sleep also less. 11-4 am. Wont get sleep afterwards. Will be conscious in sleep also. Will beat kids if won’t listen to her.

Husband remarried when children were 8th std.. She was concerned about son who is also becoming like his dad whch is very troublesome. She didn’t want him to bcom bt failed.

Her sister ounger one said tht she will live like this only n cant build a house and her kids won’t take care of her so took as challenge n decided to buld her house n stay tht is her aim now.

Gets pricking in the chest region left side only. Comes only in the night only. Never in the day.

Coffee n tea many. 5-10 per day.

Had vertigo 3-4 yrs back says mayb due to lack of food. Eats lunch directly.

Rx:

1. Nux vomica 200 – 5 doses – 3 days once (b/brush water)
2. Rub 15 – 1 dose night b/food.
3. Amm carb 200 – 4 pills mng b/food.

5/2/18: 2 days had severe wheezing after that no problems. Good sleep now. No sneezing now. Giddiness had after 2-3 days after medicine. But later no problem. Says she get bleeding more for 3 days and stops.

Chest clear.

Rx:

1. Nux vomica 200 – 3 doses – 5 days once (b/brush water)
2. Rub 15 – 1 dose night b/food.
3. Amm carb 200 – 4 pills mng b/food. Add 2 drops only medicine.

21/2/18:

Had fever 2 days back. Even daughter has some pbm. Some allo rx taken. Took NICE tab. Breathlessness. More cough. Throat pain. cold. Lying getting backpain. Abdomen pain due to cough. Burning throat in while coughing. Chest seems clear. Yellow color phlegm. Body pains. No chills today ydday had a bit. Feeling thirsty hot water.

Rx:

1. puls 200 – 2 dram pills 4-4-4-4 for 2 dayas take 2 hourly after that take 4 times for 2 days.
2. Ars 200 – 4-4-4-4-4 disc.

28/2/18: nigt more cough < after 11pm – 4 am. Fever reduced. No phlegm. But pain in the back due to cont. cough. Not able to sleep. Pain in abd and back due to cough. Addicted to coffee. Dark coffee. Headache imm after headbath. Feels something is sticking in throat and needs to bring out.

Rx:

1. Bryonia 200 – 4-4-4-4-4 2 dram pills. With water.
2. Pl doses – 10 doses 1-1-1-1.

11/4/18:

FINE NOW. OCASSIONAL HEADACHE THAT’S ALL.

RX:

1. BRYONIA + NAT MUR 200 – 2 DRAM PILLS – 4 PILLS SOS.
2. RUB 30 – NT. 1 DOSE B/FOOD.
3. DISC 4-4-4-4.

27/4/18: had put coil fr mosquitos 3 days back since then lot of mucus white watery. Cough. After vomiting feels free. < night and today onwards <eveing also. Fever first 4 days back.

Rx:

1. Ant tart 200 – 2 dram pills – 10 min once for today . tomorrow 2 hourly.
2. Ipecac 200 – pills 4-4-4-4.
3. Bromium 200 – 2 doses morning b/food.
4. Ars alb 200 – 2 doses night b/food.